

## **Health Information Catalogue**

**About this Catalogue:** This Catalogue contains health information materials developed to provide relevant and needed information to refugee and asylum seeker populations.

**Types of materials:** *Printed materials (flyer, leaflet, poster, factsheet), audiovisual, videos, web page, etc.* 

Topics: Healthcare.

Languages: Various (English, Bulgarian, Ukranian, Russian, Arabic, Farsi, Pashto, Kurdish, French, Urdu).

Updated: June 2024

No:	Name:	Туре:	Topic:	Image:	Description:	Language:	Link:	Produced by:
1	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance		The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Ukrainian	https://m.red cross.bg/files/ 24147- patevoditelpa cient-ukr- web-lite.pdf	WHO Bulgaria and Bulgarian Red Cross



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2	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance		The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Russian	24226-ru- web.pdf (redcross.bg)	WHO Bulgaria and Bulgarian Red Cross ( <i>revised</i> by the MoH of Bulgaria)
3	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance	الدليل العلي للمريض للمرد عن المامة العلية المرد عن المامة العلية	The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Arabic	https://m.red cross.bg/files/ 24148- patevoditelpa cient-arb- webpdf	WHO Bulgaria and Bulgarian Red Cross
4	Patient`s Guide: Access to Medical Healthcare	Online guide	General Healthcare guidance	کی ایک ایک ایک ایک ایک ایک ایک ایک ایک ا	The guide provides information on: General Practitioners, dentists; payment and coverage of healthcare insurance; healthcare rights; general treatment; complaints; prevention and vaccination; sample documents; addresses of institutions.	Farsi	https://m.red cross.bg/files/ 24149- patevoditelpa cient-farsi- web.pdf	WHO Bulgaria and Bulgarian Red Cross



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5	Guide on how to access healthcare services in Bulgaria	Picture	General guide on how to access healthcare services	Mapupyr nauverra	The picture provides a clear overview of the path to follow in order to get the appropriate service.	Russian	https://www. redcross.bg/a ctivities/activi ties8/patevod itel_na_pacie nta/patevodit el_ruski	Bulgarian Red Cross
6	General information for refugees, asylum-seekers and stateless persons	Online web page	General guide in many languages for services, rights and service providers.	ASYLIMME	Webpage for refugees with information about their rights, where to find help if needed and a lot of useful information about services and service providers.	English, Bulgarian, Ukrainian, Russian, French, Arabic, Pashto, Farsi, Urdu	https://asylu m.bg/	Bulgarian Helsinki Committee
7	Vaccinations: Important Information for Patients and Caregivers	Leaflet	Vaccinations		The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria.	English	https://crw- bg.org/wp- content/uploa ds/2024/01/V ACCINATIONS brochure EN G-new1.pdf	Council of Refugee Women in Bulgaria



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8	Vaccinations: Important Information for Patients and Caregivers	Leaflet	Vaccinations		The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria.	Arabic	https://crw- bg.org/wp- content/uploa ds/2024/01/V ACCINATIONS brochure Ar abic-new1.pdf	Council of Refugee Women in Bulgaria
9	Vaccinations: Important Information for Patients and Caregivers	Leaflet	Vaccinations	عند المعالمة المعالم المعالمة المعالمة المع المعالمة المعالمة المع المعالمة المعالمة الم	The leaflet provides general information on the importance of vaccines and vaccination in Bulgaria.	Farsi	https://crw- bg.org/wp- content/uploa ds/2024/01/V ACCINATIONS brochure Fa rsi-new1.pdf	Council of Refugee Women in Bulgaria
10	Mental Health	Leaflet	Mental Health	<page-header><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></page-header>	The leaflet provides short and general guidance for people struggling with mental health. The leaflet provides phone numbers on which people can seek help.	English, Bulgarian, Arabic, Farsi	https://crw- bg.org/wp- content/uploa ds/2024/01/ Mental_healt h-new.pdf	Council of Refugee Women in Bulgaria



No:	Name:	Туре:	Topic:	Image:	Description:	Language:	Link:	Produced by:
11	Health Specialists Brochure	Leaflet	Guidance for Healthcare Practitioners	<section-header></section-header>	The leaflet provides short guidance for healthcare practitioners on working with asylum seekers and refugees: cultural differences, language barriers, working with children, peculiarities of working with men and women.	Bulgarian	Health_specia lists_brochure -new.pdf	Council of Refugee Women in Bulgaria
12	Health Services Brochure	Leaflet	Healthcare Services	<section-header><section-header><section-header><section-header><section-header><section-header><text><text><text><text><text></text></text></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header>	The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions.	English	https://crw- bg.org/wp- content/uploa ds/2024/01/H ealth_Services brochure_EN -new.pdf	Council of Refugee Women in Bulgaria
13	Health Services Brochure	Leaflet	Healthcare Services	<section-header><section-header><section-header><section-header><text><section-header><text><text><text><text><text></text></text></text></text></text></section-header></text></section-header></section-header></section-header></section-header>	The leaflet provides short information on: access to emergency medical services; access to healthcare services; payment and coverage of public healthcare contributions.	Arabic	https://crw- bg.org/wp- content/uploa ds/2024/01/H ealth_Services brochure_Ar abic_new.pdf	Council of Refugee Women in Bulgaria



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15	Covid19	Leaflet	Covid-19 Information		The leaflet provides brief information on COVID-19: spreading, symptoms, avoiding risks, recommendations when being ill.	English, Bulgaria, Arabic, Farsi	https://crw- bg.org/wp- content/uploa ds/2024/01/C ovid19_new.p df	Council of Refugee Women in Bulgaria
16	Breastfeeding	Leaflet	Breastfeedib g: Important Information, including for mothers and babies on the move		The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move.	English	https://crw- bg.org/wp- content/uploa ds/2024/01/B reastfeeding brochure EN- new1.pdf	Council of Refugee Women in Bulgaria



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vac1 7	Breastfeeding	Leaflet	Breastfeedib g: Important Information, including for mothers and babies on the move	<section-header></section-header>	The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move.	Arbaic	https://crw- bg.org/wp- content/uploa ds/2024/01/B reastfeeding brochure Ara bic-new1.pdf	Council of Refugee Women in Bulgaria
18	Breastfeeding	Leaflet	Breastfeedib g: Important Information, including for mothers and babies on the move	مروعی عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به عندانه به برای متران و توان در در به به به عندانه به برای متران و توان در در به	The leaflet provides brief information on: the benefits of breastfeeding with a focus on mothers and babies on the move.	Farsi	https://crw- bg.org/wp- content/uploa ds/2024/01/B reastfeeding brochure Far si_new1.pdf	Council of Refugee Women in Bulgaria
19	COVID-19 Vaccination	Leaflet	Covid-19		The leaflet provides brief overview of: benefits of vaccination; side effects; vaccination process; useful websites for more information.	Bulgarian	<u>IOM_COVID-</u> <u>19_Leaflet_FI</u> <u>N_BG.pdf</u>	International Organisation of Migration



No:	Name:	Туре:	Topic:	Image:	Description:	Language:	Link:	Produced by:
20	COVID-19 Vaccination	Leaflet (text)	Covid-19	<image/> <section-header><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></section-header>	The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Arabic	IOM Brochur e_Vaccination ARABIC.pdf	International Organisation of Migration
21	COVID-19 Vaccination	Leaflet (text)	Covid-19	<text></text>	The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Pashto	IOM_Brochur e_Vaccination PASHTO_edi t.pdf	International Organisation of Migration
22	COVID-19 Vaccination	Leaflet (text)	Covid-19	الما تو به العراقي العربي الما تو به العربي	The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Farsi	IOM Brochur e_Vaccination FARSI_edit.p df	International Organisation of Migration



No:	Name:	Туре:	Topic:	Image:	Description:	Language:	Link:	Produced by:
23	COVID-19 Vaccination	Leaflet (text)	Covid-19	این ۱۹ بعالم البریانی از این او بیان البریانی این این این این این این این این این	The leaflet provides a brief overview of: the benefits of vaccination; side effects; vaccination process; useful websites for more information.	Kurdish	IOM_Brochur e_Vaccination KURDISH.pdf	International Organisation of Migration
24	Services MedAid Varna	Leaflet	MedAid Varna Abreitskreis Nord-Ost	Heradial Varna     Ancounter Statute     Ancounter     Ancocounter Statute     Ancounter Statute     Anco	The leaflet provides information on the services provided by Arbeitskreis Nord-Ost.	English	<u>Services</u> <u>MedAid</u> <u>Varna.pdf</u>	Arbeitskreis Nord-Ost
25	Ukrainian Services MedAid Varna	Leaflet	MedAid Varna Abreitskreis Nord-Ost	<ul> <li>PApSañtrecapair, bagarocarta, ancerso "Medica Baptan"</li> <li>Determination of the second second</li></ul>	The leaflet provides information on the services provided by Arbeitskreis Nord-Ost.	Ukrainian	<u>Ukrainian</u> <u>Services</u> <u>MedAid</u> <u>Varna.pdf</u>	Arbeitskreis Nord-Ost



No:	Name:	Туре:	Topic:	Image:	Description:	Language:	Link:	Produced by:
26	Bulgarian Immunization calendar	Leaflet	The calendar with mandatory vaccinations in the country	<image/>	The leaflet provides the global overview and information of the list of mandatory vaccines in the country.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria and MoH of Bulgaria
27	Medical requirements for enrollment in the national educational system in Bulgaria	Leaflet	Specificities in terms of medical requirements in order to enroll your children in the national educational system	<text><text><text><text><text><text></text></text></text></text></text></text>	The leaflet gives us a some important informations on how to enroll your children in school.	Ukrainian and Russian	https://astraf orumfoundati on.org/wp- content/uploa ds/2023/01/B roshure_UA online-1.pdf	Astra Forum Foundation (revised by the MoH of Bulgaria)
28	Health insurance	Leaflet	Health insurance	<section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header>	The leaflet gives information about Health insurance and its coverage in Bulgaria.	Bulgarian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria



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29	Health insurance	Leaflet	Information on Health insurance	<section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><text><text><text><text><text></text></text></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header>	The leaflet gives information about Health insurance and its coverage in Bulgaria.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
30	Health insurance	Leaflet	Information on Health insurance	<section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header>	The leaflet gives information about Health insurance and its coverage in Bulgaria.	Russian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
31	Registration with and Information about General Practitioners	Leaflet	Information about General Practitioners	<section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><text><text><text><image/><image/><image/><image/><image/></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header>	The leaflet gives information about the registration process and Information how to sign up with a General Practitioner doctor	Bulgarian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria



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32	Registration with and Information about General Practitioners	Leaflet	Information about General Practitioners	<section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><section-header><text><text><text><text></text></text></text></text></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header></section-header>	The leaflet gives information about the registration process and Information how to sign up with a General Practitioner doctor	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
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34	Vaccinations	Leaflet	Information about Vaccinations		The leaflet gives information about the mandatory vaccinations (in addition to the immunization calendar) in Bulgaria – the Why? Where? How much?	Bulgarian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria



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35	Vaccinations	Leaflet	Information about Vaccinations	<section-header></section-header>	The leaflet gives information about the mandatory vaccinations (in addition to the immunization calendar) in Bulgaria – the Why? Where? How much?	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
36	Vaccinations	Leaflet	Information about Vaccinations	<section-header></section-header>	The leaflet gives information about the mandatory vaccinations (in addition to the immunization calendar) in Bulgaria – the Why? Where? How much?	Russian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
37	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
38	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria



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39	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
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44	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
45	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
46	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Ukrainian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
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49	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Russian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria
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60	Vaccinations	Video	Information about Vaccinations		The video addresses frequently asked questions about vaccines, eligibility, documentation, access points, and more.	Russian	<u>Here is the</u> <u>link</u>	WHO Bulgaria & IOM Bulgaria